



ROSA BANKS
FOUNDATION

VALUES CHARTER

Our shared intentions as a family

This Values Charter is a guide for how we want to show up for one another. It helps us stay connected, calm and united, especially when things get hard.

This tool should be jointly completed by key adults involved in the care of your young person.



*When our values
are clear, our actions
become easier.*



EXAMPLE INTENTIONS

Some examples of the intentions which might go in a charter.



OUR INTENTIONS

Record what intentions you feel are important to your family.



HOW WILL WE MEASURE REALITY AGAINST INTENTION?

How often will key adults meet to jointly review and update our Values Charter?



OUR PURPOSE

- Our household will be calm and kind
- To support our child to be an adult who can keep themselves safe

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OUR CHILD

- Attachment before adjustment
- Clear predictable boundaries

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OURSELVES

- We protect our well-being
- We take breaks when needed

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EACH OTHER

- United in front of our child
- Disagreements in private

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MELTDOWNS

- Safety first
- Calm voice, short words
- Attachment before adjustment

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OUR HOME

- Kindness over perfection
- Calm over compliance

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We are a team.

This charter is not about being perfect. It's about returning to what matters most, again and again, for the good of our child and our family.

